

Appendix No 3 to the Regulation profiles particular age groups and describes programmes or other broadcasts from the point of view of four elements of significance for the development of minors:

1. presented vision of the world;
2. moral judgments;
3. evoked emotions;
4. behavioral patterns.

I. Features and detailed criteria for classification of programmes and other broadcasts containing scenes or contents that might have an adverse impact upon a healthy physical, mental or moral development of minors referred to in § 2 of the Regulation.

Minors aged from 16 to 18 gradually integrate their mental functions, develop greater independence, tendency to seek self-cognition and plan their own adult life. However, minors of that age continue to exhibit considerable emotional sensitivity and lability, tendency to overestimate the degree of their own maturity, to take decisions that are important for their future life without understanding the effects and consequences of such decisions and to resolve complex issues of existential nature in a simplified manner.

Minors under 18 should not watch programmes or other broadcasts featuring scenes or contents that:

- /1/ unilaterally show the privileges of adults' life while ignoring the duties, work, obligations and decisions of significance for their life without due regard to their consequences, that provide social justification for aggression, vulgarity, prejudice and negative social stereotypes, that feature sex, aggression and breaching upon moral standards as a source of success in life;
- /2/ present distorted image of the human nature consisting in the search for solely egoistic pleasures, striving for success at any cost with the use of other persons for one's own purposes, justify violence, treat sex as a source of dominance;
- /3/ display images of naturalist sex, particularly accompanied by violence and coercion, of pathological forms of sexual life, as well as images of aggression, especially presented in a naturalistic and brutal manner;
- /4/ show attractive persons (e.g. in terms of looks, wealth, success) who behave in a morally reprehensible, aggressive, dishonest and vulgar manner, without any judgment of inappropriateness of such behavior, and that demonstrate the rewarding of symptoms of social pathology.

II Features and detailed criteria for classification of programmes or other broadcasts referred to in § 5 of the Regulation.

Age group I

Age group I contains programmes or other broadcasts that may be watched by all viewers irrespective of their age, including pre-school age minors. These programmes substantially present a positive (or neutrally described) image of the world, in a mild emotional climate, exhibiting pro-social outlooks and friendly attitudes towards people, they are replete with positive emotions like: joy, admiration, happiness, sympathy. They may show rivalry in the sports spirit with specified rules (with the exclusion of drastic scenes) and exhibit positive patterns of love without sexual images (e.g. of romantic, caring or friendly love).

Age group II

The reasoning of children under 7 is schematic, their emotionality is irresolute and the nervous system easy to get overburdened. At that stage, the basic attitude towards the world is shaped, capabilities to be critical are very low and a tendency to give in to suggestions and to follow persons from their environment and fictional heroes very strong. Therefore, minors under 7 should not watch programmes or other broadcasts that:

- /1/ present the image of the world arousing fear or disgust and negative attitude towards other people and the environment, e.g. destruction, abuse, violence, humiliation, ignorance of the suffering, justification for the evil – even if depicted in cartoons, in an unrealistic manner or are humorous in nature;
- /2/ display contents in the case of which the moral judgment of heroes' behavior requires insight and differentiating of reasons, intentions and motives which minors of that age are not capable of doing, as well as show images of sexual nature (nakedness, sexual gestures, etc.) the essence of which the minor is not yet capable of understanding;
- /3/ evoke strong emotions, especially negative, such as fear, terror, anger, disgust, indifference to others' suffering etc. which induces an emotional swing, hyperactivity and hypermobility (as a result of the overburdening of the nervous system) in the minor;
- /4/ whose heroes, regardless of the degree of realism (hence, also in cartoons) behave in a manner that is not suitable for children to follow, i.e. they yell, use vulgar expressions, lie, fight, cheat, disregard or sneer at others, are malicious, etc.
- /5/ feature contents specified in categories III, IV and in point I of the Appendix.

Age group III

Children of early school age focus on detailed facts and, based on these facts, they create their vision of the world, they are too young to comprehend the metaphoric contents, their behaviors is modeled after what they see in their environment or in the media, they are uncritical in following their idols, are receptive to the influence exerted by others, their sexual needs are latent (i.e. in a “dormant stage”) unless they get artificially awoken by exciting images. Therefore, minors under 12 should not watch programmes or other broadcasts that:

- /1/ contain accumulation of negative facts and events such as violence or vulgar behavior, create a vision of a hostile and threatening world and exhibit interpersonal relations as struggle and rivalry;
- /2/ show scenes of violence and sex that depict an idea in a film that the child is not able to understand as it perceives individual scenes of aggression, sex and vulgarity rather than the overall message;
- /3/ arouse strong excitement related to images of violence and dangerous entertainment as well as kindle interest in sex, i.e. images of nakedness and sexual intercourse, and particularly those that depict sex devoid of higher emotions and represent distorted patterns of sexual behavior;
- /4/ in which the evil arouses the willingness to be followed, violence is left without any consequences (e.g. the beaten person does not suffer) and is reduced to the convention of a play and justified according to the principle “the end justifies the means”, and depict negative forms of behavior in an attractive manner, e.g. in a positive hero (handsome, invincible, nicely dressed, etc.) or a manner of effective use of violence for instrumental purposes;
- /5/ feature contents specified in group IV and in point 1 of the Appendix.

Age group IV

Children of adolescent age typically exhibit high emotional excitability, tendency to radical judgments and hasty generalizations, impulsive behavior and a tendency to take risky actions. They attempt to demonstrate their maturity, without a deeper understanding what maturity is. They are critical towards their parents and teachers and, at the same time, search for attractive idols that they follow uncritically. They are conformist and, therefore, more likely to hold the standards of their peer groups in esteem rather than the standards of the general public. Therefore, minors under 16 should not watch programmes or other broadcasts that:

- /1/ depict distorted forms of social intercourse (or human coexistence) and equal the vision of the world to violence and eroticism, and particularly present them in a primitive and brutal manner, and exhibit images of sexual activity devoid of higher emotions;

- /2/ provide a simplified vision of maturity excessively exposing: physical strength, use of violence, particularly demonstrated in social roles (teacher, parents, etc.), exhibit morally repulsive behavior and attitudes without ethical judgments and moral blaming of the victim for having been harmed, as well as show excessive focus on possession of money and material comforts;
- /3/ evoke strong feelings and emotions related to violence and sex and, particularly, present images of aggression and cruelty;
- /4/ might incline to morally repulsive behavior by presenting attractive characters that, simultaneously, represent the model of negative behavior, such as drinking alcohol, use of vulgar expressions and gestures, brutality, drug-taking, violence, etc.
- /5/ feature contents specified in point I to the Appendix,