Weronika Frydryszek

Representative of Poland to the Political and Security Committee (PSC) Deputy Head of the Permanent Representation of Poland to the EU



Weronika Frydryszek is a career diplomat and civil servant. She joined the Polish Foreign Service in 2006.

Before taking up the current post of Poland's Representative to the Political and Security Committee, she was head of the Foreign Policy and External Action Unit at the Polish Permanent Representation to the EU (from 2018). She also represented Poland in the Council Working Party on Eastern Europe and Central Asia.

Her previous posts in the Polish Ministry of Foreign Affairs include Head of the Policy Coordination Unit in the Common Foreign and Security Policy Department / Political Director's Office, senior policy expert on the European Neighbourhood Policy, Relex coordinator and policy officer for EU relations with the Middle East and North Africa region.

During her posting to Germany (2007, 2008-13) she was in charge of foreign and security policy at the Embassy of Poland in Berlin. She also served as an exchange diplomat in the German Foreign Office (Europe Department).

Prior to joining the Foreign Service, she had worked in the government administration responsible for the management of EU funds in the Wielkopolska region of Poland (Poznań).

She studied at the Faculty of Law and Administration of Adam Mickiewicz University in Poznan and at Otto-Friedrich University in Bamberg, Germany, where she majored in European law, economics and culture. She is a post-graduate of the Diplomatic Academy of the Polish MFA.

Her mother tongue is Polish. She is fluent in English and German and also speaks French and Russian.