

**MINISTER FOR HEALTH OF THE REPUBLIC OF LITHUANIA -
STATE COMMANDER OF NATIONAL EMERGENCY OPERATIONS**

DECISION No V-471

20 March 2020

ON CONTROL OF ENTERING AND LEAVING PERSONS

Vilnius

Pursuant to Article 15(2)(1) and (4) of the Law of the Republic of Lithuania on Civil Protection, Article 8 of the Law of the Republic of Lithuania on the Prevention and Control of Communicable Diseases in Humans, Resolution No 152 of the Prime Minister of the Republic of Lithuania of 26 February 2020 declaring national emergency, Ordinance No 43 of the Prime Minister of the Republic of Lithuania of 27 February 2020 on the appointment of the state commander of national emergency operations, implementing paragraphs 3.1.1, 3.1.4, 3.1.5 and paragraph 4 of Resolution No 207 of the Government of the Republic of Lithuania of 14 March 2020 declaring quarantine on the territory of the Republic of Lithuania, and having regard to the Letter No 1D-1425 of the Ministry of the Interior of 19 March 2020 on mandatory quarantine measures, and to the recommendations of the World Health Organization and of the European Centre for Disease Prevention and Control, I hereby *d e c i d e*:

To entrust the State Border Guard Service under the Ministry of the Interior of the Republic of Lithuania with the task of:

1. ensuring control of persons entering and leaving the Republic of Lithuania;
2. ensuring that every foreigner who has the right under Resolution No 207 of the Government of the Republic of Lithuania of 14 March 2020 declaring quarantine on the territory of the Republic of Lithuania to enter the Republic of Lithuania and who falls subject to 14 days' isolation under the above-mentioned Resolution, shall be informed in writing of the requirement for the mandatory 14 days' isolation in accordance with the form provided for in the Annex to this Decision, and that the completed forms shall be communicated in writing to the National Public Health Centre.

Minister for Health -
State Commander of National Emergency Operations

Aurelijus Veryga

(Form for informing persons of the mandatory 14 days' isolation)

REGARDING THE MANDATORY ISOLATION PERIOD

Pursuant to Resolution No 207 of the Government of the Republic of Lithuania of 14 March 2020 declaring quarantine on the territory of the Republic of Lithuania, you shall fall subject to 14 days' isolation at home or in another place of residence in accordance with the following principles and conditions:

- **Do not leave the isolation place** without the permission of your healthcare professional.
- **Do not have guests/visitors** during the entire isolation period.
- **Do not visit public places** such as school, work, mass gatherings, etc.
- **Avoid direct contact** (direct physical contact and staying at a distance of less than 2 meters for more than 15 minutes) with others. Upon the delivery of food or in other cases where contact is unavoidable, wear a medical mask and keep at a minimum distance of 2 meters, and do not have longer than 15 minutes' contact).
- **Make provisions of food and other essentials** remotely by asking your friends or relatives or by contacting companies that provide essentials or grocery delivery services or, in the absence of such possibilities, these services should be provided by establishments providing social services in the municipality.
- **Follow the instructions** of your healthcare professional.
- **To extend your medical prescription**, consult your GP remotely.
- If you had made an appointment with a specialised health care professional or a dentist, postpone it to a later date.
- **Measure your body temperature and monitor your health on a daily basis**, and report any health changes (cough, shortness of breath, difficulty in breathing*) to the public health professional that is calling you. **If you develop symptoms of an acute respiratory infection (sudden onset of at least one of the following symptoms: fever, cough, difficulty in breathing), call Emergency Response Centre at 112 or 1808.**

Mandatory conditions for isolation at home or in other living quarters:

- The person should be isolated in a separate, well-ventilated room (i.e. with opening windows and doors), if this is not possible, family members (if they have not been exposed to the virus) should keep at least 2 meters away from the person that has been exposed (e.g. by sleeping in a separate bed).

The following environmental and personal hygiene requirements must be ensured:

- There is no need to wear a mask at home if you do not feel the symptoms. Wear a medical mask if you have symptoms of a respiratory infection such as cough, sneezing and you need to go to the hospital by ambulance.
- Wash your hands with soap and water. If there is no possibility of washing your hands, you may use alcohol-based hand disinfectants (alcohol-based hand antiseptics). Wash hands before and after cooking, before eating, after using the lavatory and when hands are clearly unclean.
- Follow the coughing-sneezing etiquette: cover the mouth and nose with a napkin when coughing or sneezing and dispose of the used napkin in the bin. If you do not have a napkin, cover your mouth with your elbow instead of your palms when coughing or sneezing.
- Air the premises at least 2-3 times a day (open windows wide for 10 minutes or make a draft for a few minutes. There should be no people in the premises that are aired in this way).
- Clean daily frequently used surfaces such as bedside tables, bed frames and another bedroom furniture. Clean with regular soap or regular cleaners.
- Use separate bedlinen, cutlery, etc.

- Wash clothing with regular detergents at 60-90°C.
- Wash the dishes with hot water and regular detergents or use a dishwasher.

Failure to comply with this mandatory requirement shall lead to your administrative or criminal prosecution.

Isolation address: _____
(please specify the exact address where you choose to stay throughout the isolation period)

Contact details I will be available at any time:

(email address and phone number)

If you do not develop symptoms within 14 days, you can return to your normal regime.

I, _____,
(please enter your full name)

hereby confirm that I have read and understood the requirements and **agree** to isolate myself and follow the mandatory requirements.

(full name, signature and date)
